

# Gloucester Emergency Food Cupboard

Volume 6

## November Newsletter

2008

### Dates

- **November 29, Parade of Lights**
- **We will be closed on Dec. 26 and Dec. 31**

### Notices

- If anyone has recent photos from the Food Cupboard, please let Gwen know.
- Do you have ideas about how we can raise funds? Share them with us!
- We have found a driver to do the produce pick-up from Macartney's on Mondays and Fridays. Please welcome **Paul Brennan** as one of our volunteers.

I've seen and met angels wearing the disguise of ordinary people living ordinary lives.  
~ Tracy Chapman

### Annual Volunteer Potluck Party

Another successful Volunteer get-together. Great food and more than 50 people! We are looking forward to the next get together.

### Results

Thanks to all those that held Thanksgiving drives with wonderful results.

- ◇ Colonel By brought in over 200 boxes of cans and \$1000 in donations.
- ◇ Annunciation Church donated 5 car loads of food.
- ◇ Epiphany Anglican Church brought in a large car load of food and produce as well as \$1200.
- ◇ St. Mary the Virgin Anglican donated bags of produce and some non-perishables.
- ◇ Convent Glen Catholic School brought in 15 large boxes of food.



### Volunteers Needed

- ◆ For the Parade of Lights on Saturday, November 29th 6 pm. Walk along beside the 'Nerds on Site' decorated car.



- ◆ ***We still have some routes left for delivery in Orleans North and Chapel Hill area. If you still have some energy, we would appreciate your help!***

### Trick or Treat Fun

Some Henry Monro students have circulated flyers and collected food and donations instead of candy at Halloween. Great idea!

### Website

Our website is being re-designed by a Colonel By student. It is expected to be completed April 2009.

### Sad News

Our thoughts and prayers are with Ted Heinze, one of our Friday volunteers, who recently lost his dear wife of many years. We mourn with you!

### New Appliances

Thanks to Jean Coutu we have a new cooler. We now have even more refrigerator space.

Have you seen our new deep freeze purchased at Corbeil? Check it out!

*Kindness, like a boomerang, always returns. ~Author Unknown*

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## GEFC History

### "20 Years of Volunteers"

**2009 will mark 20 years that the GEFC has been in existence. During the next few months this newsletter will chronicle our history.**

***If anyone has any ideas how we could mark our 20th anniversary let Gwen know.***

**One idea is to catalogue all our pictures and show them at the AGM in April.**

Every action in our lives touches on some chord that will vibrate in eternity. ~Edwin Hubbel Chapin

## Chapter 3: The Second Year - 1990

In March 1990, we welcomed a new treasurer, accountant Laurel Curran, who was responsible for defining most of the procedures we still use today as an orderly means of recording donations to the program. The minutes from March also indicate that we had run out of hamburger and there would be no more chickens until Easter. They indicate that three key volunteers had begun to log their hours because of the increased work load and hours spent working at the Food Cupboard. At the end of March, Brenda Piprani began a leave of absence and Ann Frederking was appointed as Associate Executive Director.

The building was designed with panic alarms in the event of an emergency which required immediate police action. Fortunately, we have never needed to use them but we found they worked in April 1990 when a child stuck a finger into an eye-level sensor.

Brenda resigned as Executive Director in September 1990 and Ann succeeded her in that role. That autumn, we successfully applied for our first Regional grant and also asked for funding to hire a program coordinator. Through the Social Services Employment Program (SSEP) we were able to get 90% funding to hire a person who was on assistance and ready for a job; but for one year only. At this time, job descriptions were written for this employee and for a part-time Executive Director. For the first time we talked about an honorarium for the ED. We also adopted the Constitution and By-Laws. During our second year we helped over 5800 people - about double the first year.

*(This history was originally compiled by Ann Frederking and given as an address during the April 2006 AGM.)*

### Comments from our Volunteers

"This is a great place to come!"

"We have fun here. If we didn't, I wouldn't be here, either."

"I miss it when I am not able to come."