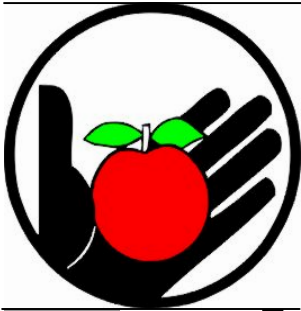


EVENTS

BELLEMARE BBQ 2010 — June 27th



Councillor Michel Bellemare
Invites You To His
6th Annual Community BBQ

Information

- Sunday, June 27th
- 11:30 a.m - 3 p.m
- Gloucester Center (Ogilvie Rd)
- Free Slides and Rides
- Free Admission
- Free Food
- Raffle

Raffle Tickets

We need **you** to help us sell raffle tickets for the Bellemare BBQ.

Tickets sell for \$5 for one or \$10 for 3. Please speak with Gwen or Helen to sell or purchase tickets.

Volunteers

Volunteers are needed to help out at the Bellemare BBQ on June 27th.

There are morning and afternoon slots available or come help out all day! Please Sign up at the at the Food Cupboard

YARD SALE Sept. 18th

This year's yard sale will be from 8:30 to 12:00
It's that time of year again! Start saving your items for the annual yard sale! We will be accepting items starting Sept. 10th.

BITS AND BITES

Congratulations to Ann Frederking!

She is retiring from the Ottawa Symphony Orchestra after 40 seasons!

The Organizers of the Arrowsmith Thyme-less Gardens would like to thank many of the volunteers from the GEFC for all of the composters, extra hands for projects (like Adrian, Greg and Christine, Eugene and Ira) for other assorted items that have been donated for the season.

You're the best!

We need plastic grocery bags and EGG CARTONS, please save them and bring them in!

Have you noticed some of the changes around the building? There is a new tap in the kitchen which makes it much easier to wash large items and new shelves in the bathtub making better use of the space.

Painting of trim and doors will happen in the month of June. Thanks to those who have already offered their vices. If anyone else is interested, please contact Gwen.



Gloucester Emergency Food Cupboard / Centre de secours alimentaire de Gloucester

www.gefc.ca

Phone / téléphone: 613-749-4728
Fax / telec.: 613-749-5532
E-mail / courriel: gefc@gefc.ca

Bridging the Hunger Gap

Recent Food Drives and donations:

1. On top of doing a regular Food Drive every 2 weeks during the school year on our behalf, Henry Munro Middle School also does an annual Penny Drive. The amount collected this year was \$2720.15
2. We receive regular donations from Dove Tale Collections and just received a large donation that we were able to share with other food programs in the city.
3. A grade 10 student from Cairine Wilson Secondary School entered a Youth in Philanthropy Initiative in which students put together a 10 minute presentation on a charity and how a grant would help it achieve its mission. One presentation from each class must present in front of the entire school and a judging panel. The winning student, Brett Manzer, did a project on the Food Cupboard and won \$5000 for the Food Cupboard. Congratulations Brett!



MP Royal Galipeau will host a Canada Day Tea for Seniors, being held on Tuesday, June 29, 2010, from 2 to 4p.m. at the Royal Canadian Legion, Orléans Branch, located at 800 Taylor Creek Drive

SUMMER STUDENT (HELEN)

Hi Everyone! My name is Helen Zhang and I am the new summer student. I have just finished my first year at University of Waterloo studying accounting.

Come to say hello when you are around! Being a past volunteer of the GEFC, I look forward to working with both familiar and also new faces! I hope to learn many things and get to know all of you this summer!

Thank you! Thank you! To all of our volunteers who make everything happen around the Food Cupboard. You are the heart of the successful operation of our program!

Dates to Remember:

June 27— Community BBQ

Closed July 1 — Canada Day

Closed August 2 — Civic Holiday

Sept 18 — Yard Sale

MAY STATISTICS

Adults served - 885

Children (4-18) - 644

Infants (0-3) - 122

Families - 505

Single Parents - 159

Singles - 114

Seniors (65+) - 26

Total number of individuals served - 1677

I've seen and met angels wearing the disguise of ordinary people living ordinary lives.

~Tracy Chapman