



Bits and Bites

Volunteers Needed

People are needed to stay behind on Dec. 18 to unload and unpack food from the annual elementary schools food drive. Tippet Richardson will be picking up the food from 6 schools and delivering it here after 11:30 am.

Logo Catch Phrase!!

After having discussed the new suggestions, the Board decided to keep our old logo, "**Bridging the Hunger Gap.**" It really encapsulates, best, what we are all about without promising things that are outside of our mission statement.

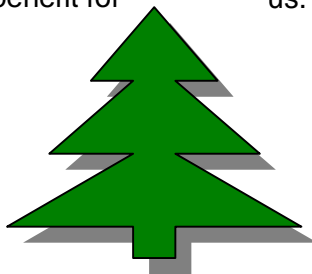
Thanks everyone for your input!

Parade of Lights

Our participation in the Annual Parade of Lights took place on Saturday, Nov. 28. Nerds on Site partnered with us. It is a great way to have our name put out to the community. What a pleasure it is to see the smiles on faces young and old as we walked in the parade.

Choirfest

For 25 years, this annual event takes place in Orleans. A collection is made during the evening with the funds shared between the Orleans-Cumberland Resource Centre and us. This year we have received a donation of \$2005. A wonderful evening with a great benefit for us.



Ottawa Artisans Guild

Their annual craft show was held on Nov. 14 and 15. The GEFC received 17 boxes of donated food and over \$500 in donations!

Magical Village

The Magical Village will be taking place this year at Place d'Orleans on the 2nd floor near the food court. The Lions Club has asked for our help. There is a need for help to man the Magical Village this year. These are the times:

Shifts are 9:00 to noon; noon to 3:00; 3:00 to 6:00 and 6:00 to 9:00 Monday through Saturday and from 10:00 to noon; noon to 3:00 and 3:00 to 6:00 on Sundays.

The net proceeds will be divided among 3 organizations:

- 1) the Gloucester Emergency Food Cupboard
- 2) DogGuides – Lions Foundation of Canada
- 3) Big Brothers and Sisters of Ottawa

If you can help in any way, please contact Mark Marcogliese:

(613) 837-5316 – home (after 6:30 p.m.)

(613) 951-9840 – work

e-mail: Mark_Marcogliese@rogers.com

There are two ways of spreading light - to be the candle or the mirror that reflects it.

~Edith Wharton Vesalius in Zante



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Bridging the Hunger Gap

Dates to Remember

*We will be closed
on Dec. 25 and
Jan. 1.

*We will be open for
food distribution as
usual Dec. 23, 30
and Jan. 4.

**You give but little
when you give of
your possessions. It is when
you give of your-
self that you truly
give.**

~Kahlil Gibran



Jardins Arrowsmith Thyme-less Gardens

Ruth Torok, and a number of other volunteers from the GEFC have laid the ground work for a new community garden located next to the GEFC. They have their own Board in association with the Community Gardening Network of Ottawa, have received the go-ahead, with funding to make this a reality. The fence is up, the hill has been flattened and soil has been put in place in readiness for the spring planting season 2010.

The next time you are at the Food Cupboard, have a look at the changes.

If anyone has any extra rain barrels or composters that they know of that are not in use, please let Ruth know at 613-824-2986.

A Christmas Message from the Executive Coordinator



What a privilege it has been to be a part of this wonderful group of volunteers, supporters and Board members over the course of the past year.

Celebrating 20 years of existence has certainly been a milestone. The fact that we have so many long-standing volunteers is a testament to the fact that we have done many things well over the years. You come from many walks of life, speak different languages, have different life experiences but you all come together for a common cause.

Thank you for making this a great place to come. Thank you for giving of your time, energy and ideas. Thank you for caring and making a difference in the lives of others, both volunteers and clients.

Special holiday wishes to all of you during this season of short days, big hearts, giving and good cheer!

Gwen